



Maya

DOB: April 12, 2016 | Age: 10 | Blood type: A+ | School: Oak Ridge Elementary | Grade: 5th grade

EMERGENCY CONTACT Grandma Rosa - (919) 555-0134

ALLERGY ALERT

Allergy plan: Seasonal pollen

CURRENT MEDICINES

Albuterol HFA	Inhaler 2 puffs As needed for wheezing Purpose: Rescue inhaler Prescriber: Dr. Olivia Chen
Cetirizine	Chewable 10 mg Once daily Purpose: Seasonal allergy symptoms Prescriber: Dr. Olivia Chen
Hydrocortisone 1%	Cream Thin layer As needed for mild skin irritation Purpose: Temporary skin comfort Prescriber: N/A

VITALS AND HEALTH RECORDS

Height	4 ft 8 in Medical Captured Jul 17, 2026 Measured at annual wellness visit.
Weight	78 lb Medical Captured Jul 17, 2026 Measured at annual wellness visit.
Vision screening	20/20 Medical Captured Jun 17, 2026 School screening result; verify against the original record.
Dismissal contact	Front office School Captured Aug 31, 2026

IMMUNIZATIONS

Influenza	October 6, 2025
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CAREGIVER HEALTH SUMMARY - MAYA

Tdap	August 22, 2025
MMR - dose 2	May 14, 2020

HEALTH PROVIDERS

Dr. Olivia Chen	Lakeside Pediatrics (919) 555-0142 care@lakeside-pediatrics.example Pediatrician 100 Wellness Way, Raleigh, NC 27601
Dr. Marcus Reed	Bright Smiles Dental (919) 555-0188 hello@brightsmiles.example Dentist 225 Bright Lane, Raleigh, NC 27609
North Hills Pharmacy	North Hills Pharmacy (919) 555-0166 pharmacy@northhillsrx.example Pharmacy 4100 North Hills Drive, Raleigh, NC 27609

INSURANCE

Pine State Health	Medical Insurance Family Choice PPO Member ID: PSH-MAYA-4821 Coverage starts Jan 1, 2025
Carolina Dental Plan	Dental Insurance Family Plus Member ID: CDP-771204 Coverage starts Jan 1, 2025
ClearRx Benefits	Prescription Coverage Standard Formulary Member ID: RX-104829 Coverage starts Jan 1, 2025

CAREGIVER NOTE

This user-maintained summary is intended to help a caregiver communicate with the child's family and clinicians. Verify allergies, medicines, doses, schedules, insurance, and emergency instructions against original records and prescription labels. For urgent concerns, contact the child's clinician or emergency services.